

## WHEN YOUR JOB DISAPPEARS FOREVER

by

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You have seen it, read about it, and are perhaps even living it. Hard working people like yourself did everything you were told to do in order to be successful, to have a meaningful life, and to prosper in your golden years. You went to school, found a good job, and sought increasing responsibility. But suddenly your job was eliminated, never to return again.

After a flurry of contacting every business that had a job that even remotely resembled the one you had, and after you pursued all referrals provided by friends and social network contacts, a numbing realization descended like a heavy weight on your chest. You realized that you were in for a long, hard process ahead. You are not alone, millions of unemployed workers worldwide are in the same predicament.

So, what can you do to find a job, and to never be at the mercy of another's layoff decision again?

Engage in an inventory of "**primal job preferences.**" These are the fundamental characteristics of your personal identity. For instance, do you want to work "nights" or "days?" Seems like a simple enough choice, but it isn't really. In one of my employment psychology seminars a participant, with a Masters in Physics, reported how he loved his work but hated his job. For fifteen years he could not figure out why this was so confusing until he asked himself this simple question. He was a night person who was working days for a large defense contractor. He violated his own biorhythm every day in order to be at work by 7:30am. His body did not naturally awaken until the early afternoon and he did not hit his mental stride until the early evening. His day job put him in conflict with his own body cycles. He changed to the evening shift and his life brightened immediately.

Perhaps you can think of many other primal job preferences but I will list a few more that are among seventy-two pairs covered in a free .pdf file download: **Primal Job Preferences\_2011** (from the website: <http://drdenn.com/>). Your preferences help develop a profound understanding of what your soul prefers in an employment situation. Other examples include, do you want to work “inside” or “outside” or, do you want to work “alone” or in “a group?” When you act in accord with your inner self, you bond with your life and with those around you. Issues of what job pays the most or has the better prestige become utterly irrelevant. Perhaps these may be obtained, but they will only be as an adjunct to your personal revisioning.

Let’s continue with a few more. Consider the job category of sales for instance. If your primal job preference is “customers come to me” versus “I go to customers,” then for the former you will want to focus your employment efforts to working in a restaurant, bar, local market, law firm, national park, or other typical business. Conversely, “going to customers” is ideal for the person who prefers going on the road. They choose the hours they will work, where they will travel, the number of scheduled appointments or cold calls they will make, and so on.

Do you prefer to work in “quiet locations” or “noisy ones?” For the former, your vocation will be found in laboratories, libraries, offices, retreat centers, and so on. If the later, your employment search could include night clubs, restaurants, factories, sport centers, etc. Would you rather “barter for a price” or “pay the listed figure?” Barter vocations haggle for a price-point in a commodities market, in negotiating political agendas, or in balancing deliverables for computer projects that consider a delivery date, scope, and cost. Those who would rather work with “fixed” prices would then search jobs in purchasing departments, as outside sales representatives, or order-takers for company internet sites, etc. Would you rather be rewarded “monetarily” or “spiritually?” Are you obsessed with luxury items, driven to garner prestige from amassed wealth, or to guarantee, at whatever psychic cost, opulence? Or is your reward to be found when your soul is nourished as when providing

guidance and comfort to those afflicted by illness, injury, or personal turmoil such as those who work as medical doctors, counselors, teachers, clergy, and mental health practitioners?

An understanding of one's primal job preferences will guide your search for that which is inherently fulfilling. If you were to choose "slow pace" versus "fast pace" as an attribute in the job you seek, and you entered "slow pace" in the Search field of an internet job search site, a number of positions might also appear on your computer screen as it does on mine: Help Desk Coordinator, Receptionist, Front Office Specialist, Recreation Coordinator, Lube Technician, Director of Rehab, Physical Therapist, among others. By using the most important primal job preferences, your searches often reveal jobs that you might have otherwise not considered. Primal job preferences, in of themselves, help provide clarity in what you seek and narrow your search parameters. They greatly enhance the likelihood of faster employment.

The point of reflecting on these primal job preferences, and others, is to discover your soul's desires as found in your choices. It is not necessary to try to comprehend long-term implications of your selections. From my experience of conducting over 5000 interviews, successful people can answer two questions: "Who Am I?" and "What is My Purpose?" Your primal job preferences reveal the *who you are*. Your *purpose* can be discovered by combining these choices with what has given you great joy and meaning in a paid job or unpaid volunteer effort. It is not necessary that this job or activity cover years performing it. Profound insights can be glimpsed even when the activity is perhaps only a few hours long, but you said to yourself, "If I could only make my living this way!"

In the download, you are provided space to make a list of those jobs or volunteer experiences that you found most meaningful. You will be shown how to break them down into their component parts and to find correlations with your primal job preferences. They will be there! It happens for seminar participants every time. For instance, the participant who loved to work days, inside, artistically, and with

customers coming to him is suddenly reminded why his earlier occupation as a barber was so satisfying. A woman who loves to work outside, with groups, taking charge, and acting creatively now understands why being a wedding photographer is so fulfilling. The correlations of the component activities of these two positions found immediate resonance with their primal job preferences. Correlations such as these never fail to (re)ignite participants with hopeful excitement that their lives will be filled with joy and a sense of wholeness... in a job! Some participants also come to realize that they should consider starting their own business alone, or with others of like-mind, so that they never again hear, "Your position has been eliminated."

Often it is a layoff that revitalizes our search for a vocation that fulfills our "heart and soul." Your vision for a meaningful life comes from discovering anew your deep seated gifts and talents waiting to be freed and manifested. With your discovered correlations, the music you will hear will be your own soul's song.